



THE SURVIVAL PODCAST
WITH JACK SPIRKO

"Helping you live a better life, if times get tough or even if they don't."



Food Security is the First Security?

Presented by Jack Spirko
The Greater Reset 4

All Resources will be at
thesurvivalpodcast.com/greater4



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**Remember
Why We
are Here
Together**

**Anyone does
literally anything.**





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Eating Really Great





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Why I am Doing this Topic

- Our #1 Export is Top Soil
- Declining Fertility
- Declining Biodiversity
- Declining Health
- 12 to 1 Energy Ratio
- No Excuse for Any of It!





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The First Security is Food Security

- What We Will Cover Today
 - Calorie & Nutrition Crops
 - Small Livestock
 - Fertility
 - Meat Trigger Warning





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Calorie Crops – Southern Climates

- Squash (c. moschata)
- Sweet Potato (purple Japanese)
- Jerusalem Artichokes (any)
- Beans (shelling)
- Turnip/Beets (winter crop)
- Winter Peas (blaze winter)
- Cow Pea (any)





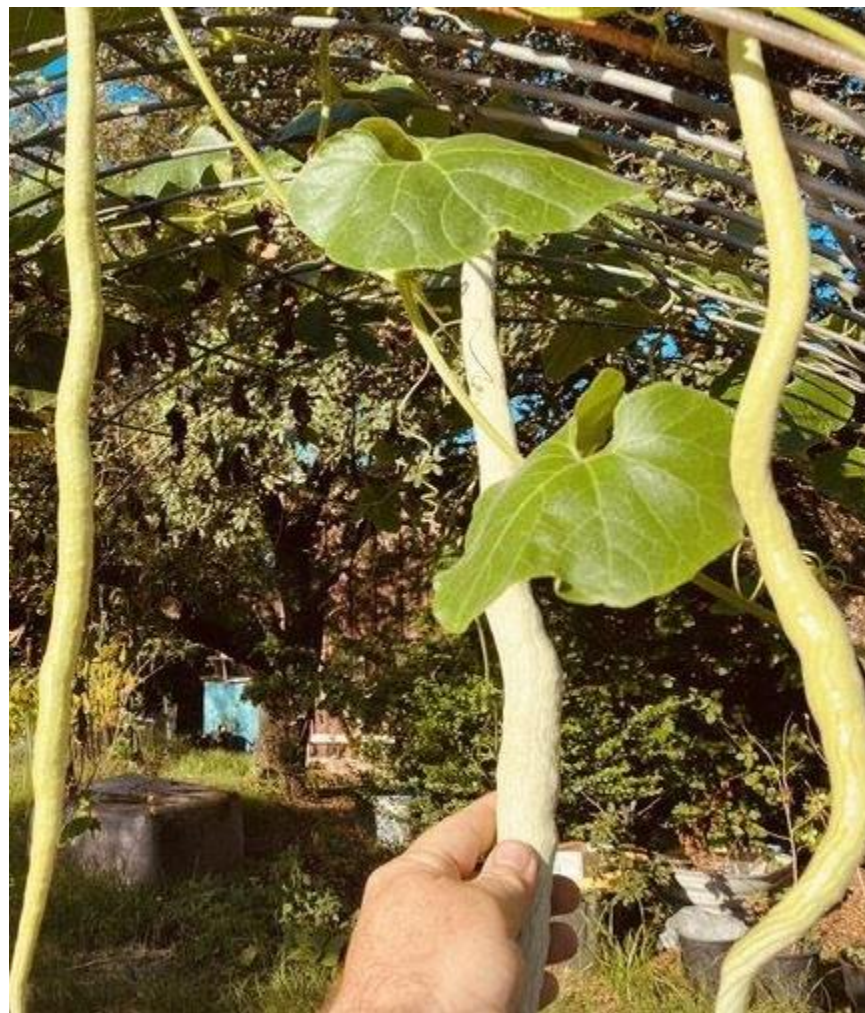
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Other Plants I Grow

- Python Snake Bean
- Beans (Asian Long)
- Cucumber (Asian)
- Fennel (Florence)
- Peppers
- Tomatoes (Cherries do best in TX)
- Egg Plant (Ping Tung)
- Herbs & Greens (all of em)





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"Small" Livestock

- Quail
- Chickens (Bresse)
- Ducks
- Muscovy
- Rabbits
- Sheep





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What Do You Think This Is?





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Fertility

- Build Fertility
- Hold Fertility
- Increase Fertility
- My Compost
- Biochar
- Terra Preta
- Silvopasture
- Grazing Systems
- Tactics vs. Techniques





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Find Your Heroes and Do Something





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Learn More and Connect

Everything you need to connect with me and expand on this presentation including a recording of it, is at

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